



Quality classes and participation for all is an important aspect of FLIP Gymnastics approach to gymnastics. A fun and enjoyable class environment relies on a regularly well-run, beneficial and uninterrupted program.

### ***Class Time Gymnast Aide***

FLIP Gymnastics reserves the right to require a Class Time Aide for any gymnast they believe will benefit from a Class Time Aide and/or ensures the safety of all participants and staff. The Operations Manager, Venue manager, Coordinator, and/or head coach will make the decision of when a Class Time Aide is required to ensure all gymnasts have the opportunity to get the most out of their gymnastics classes. FLIP Gymnastics will discuss options with you if your child requires a Class Time Aide. A Class Time Aide will be required to be present for all classes the gymnast participates in, including regular scheduled classes and make-up classes. Where possible FLIP Gymnastics will provide a qualified coach as a Class Time Aide at no cost to the participant. Gymnasts who require a Class Time Aide can participate in Open Gym sessions without an Aide but must be actively supervised by an adult for the duration of the open gym session.

### ***Holiday Program & Special Events Gymnast Class Time Aide***

FLIP Gymnastics reserves the right to require a Class Time Aide for any gymnast they believe will benefit from an Aide for Holiday program and/or special events and/or ensures the safety of all participants and staff. The Operations Manager, Venue manager, Coordinator, and/or head coach will make the decision of when a Class Time Aide is required to ensure all gymnasts have the opportunity to get the most out of the program. Participants will be required to cover the cost of a qualified FLIP Gymnastics coach to Aide the gymnast in Holiday program and special events.

### ***The role of a FLIP Gymnastics Class Time Aide***

FLIP Gymnastics Class Time Aides will assist the participants in the program to ensure they have the opportunity to get as much out of the program as possible. The Class Time Aide will help the participant to stay with the group, listen to, and follow instructions and stay focused in the program. The Aide will also assist the participant to complete the activities and modify activities when necessary.

### ***Participants with an Aide***

Participants with a Class Time Aide are required (with the assistance of the Class Time Aide) to remain with the group throughout the class and follow the instructions from the coach. The class coach and the Class Aide can make the following adaptations to assist gymnasts with varying needs to participate -

- Modify the activity utilising the same equipment/resources and area within the gym
- Allow the participant to do a different activity provided the activity is on the same area as allocated to the group and is safe for all the participants and coaches
- If there is more than one group for the class or program allow the participant (and the participants Class Time Aide) to join another group, even if that means repeating or skipping a rotation or activity

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- Allow the participant to leave the Gymnastics area with the Class Time Aide to find a quiet area if required
- Provide an outline of class/program structure before the session to assist the participant in preparing for the session and ensure they know what to expect

If a participant is unable to participate in a structured class or program with the assistance of a Class Time Aide, and the adaptations we can safely provide, FLIP Gymnastics will offer the participant other opportunities to participate at FLIP Gymnastics including -

- Unstructured programs such as “Open Gym” and “Holiday Gym Play” where a parent or guardian can assist their participation and where following instructions and staying with a group is not required
- Private lessons where we can build a program specific to the requirements of the participant

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