

Gymnasts will only be supervised while in the gated gymnastics area.

Grownups are required to be at the venue

5 minutes prior to class finish time.

Create your pickup plan and clearly communicate it to your children.

The last five minutes of each class gymnasts will exit the gymnastics area and your gymnast's coach is available to speak to in the waiting area. This is an invaluable time to gain direct feedback on how your gymnast is going in class and ask any questions you may have around their training, development and progress. Grownups should meet their gymnasts in the waiting area 5 minutes before class finish time to speak with coaches and to ensure that gymnasts are supervised once they exit the gymnastics area.

Please note: Our coaches are only responsible for gymnasts while in the gymnastics area. We will be busy talking to parents and then preparing for the next class so cannot supervise gymnasts whose grownups have not yet arrived to collect them.

FLIP requests that all children be picked up by an adult from within our facility 5 minutes before the class scheduled finish time. Families should clearly communicate their pickup plan to their gymnasts, including what to do if a parent is late, as gymnasts are not supervised by FLIP staff outside of the gymnastics area.